



PERSONALIZED PATIENT CARE

Each person's healthcare journey is unique and they deserve support that caters to their individual needs.

CHALLENGE

Healthcare costs are on the rise largely due to chronic conditions. Medications are the primary method used to treat chronic conditions, but research shows that 50 percent of patients do not take their medication as prescribed.¹ Additionally, 16 percent of U.S. health care spend is related to non-optimized medication use.²

In light of the fact that each individual's goals, motivations, and desires for their health are different, providers need a solution that can adapt to each member's needs. Chronic condition management is an effective and proven solution that results in improved clinical outcomes and financial savings.

THE AVERAGE TRIA HEALTH MEMBER HAS A LOT TO MANAGE

- Age: 52
- Chronic Conditions: 2.9
- Prescriptions: 6.9
- Total Conditions: 6.2
- Over-the-Counter: 2.7
- Physicians: 2.7

OVERVIEW

Tria's Health pharmacists provide one-on-one, telephonic consultation & support to high-risk patients with chronic conditions. Chronic conditions are managed with medications and pharmacists are the best resource to optimize medication use.

Once a member is identified, they receive:



PHARMACIST CONSULTATIONS

Consultations Include: health education, a medication review (prescription, OTCs, vitamins & supplements), preventative care & lifestyle assessment.



CARE PLAN & DEVICE SUPPORT

An individualized care plan is created. Cellular-based devices for diabetes and hypertension are distributed as needed.



CARE COORDINATION & FOLLOW-UP

Care plans and additional care coordination are provided to the member's physician(s). Tria ensures consistent care & follow-up.

1. <https://pubmed.ncbi.nlm.nih.gov/21389250/>

2. Annals of Pharmacotherapy, 2018, <https://doi.org/10.1177/1060028018765159>

PHARMACY ADVOCATE PROGRAM

With pharmacist consultations, Tria Health helps people with chronic conditions better manage their health. Because everyone's healthcare journey is unique, pharmacist consultations assist in understanding why someone may not be meeting their clinical goals.

Tria Health's pharmacists develop personalized care plans by understanding person's motivations, reviewing their medications and lifestyles, and assisting patients in improving health literacy. Care plans are shared with their physicians and are considered the basis for future consultations. Additional enhancements are available based on needs, including remote monitoring, weight loss guidance, and personalized medicine.

WHOLE-PERSON CARE

A customized whole person approach is needed because sixty percent of US adults have one chronic condition, forty percent have two or more chronic conditions.³ These conditions include:

- Asthma/COPD
- Diabetes
- Heart Disease
- High Blood Pressure
- High Cholesterol
- Mental Health
- Migraines
- Osteoporosis
- Pain
- Specialty

MEDICATION EXPERTISE

Medications are the primary method of treating chronic conditions, and pharmacists are experts in medication management. Our pharmacists possess doctorate degrees, are board-certified, and have special behavioral modification training.

Health coaches and nutritionists are also on hand to provide nutrition and exercise advice and support whenever needed.

95%

Pharmacist recommendations that were accepted by an individual's physician.⁴

Provider Coordination Improves Care and Reduces Costs

3. <https://www.cdc.gov/chronicdisease/about/index.htm>



PERSONALIZED ENHANCEMENTS

Additional support tailored to each individual:



DIABETES MONITOR

A cellular diabetes meter with a digital dashboard for easy monitoring and sharing data with a patient's clinicians.



BLOOD PRESSURE MONITOR

A cellular blood pressure cuff with a digital dashboard for easy monitoring and sharing data with a patient's clinicians.



WEIGHT-LOSS COACHING

Personalized weight-loss support led by health coaches, backed by a Wi-Fi scale and food tracking mobile app.



PERSONALIZED MEDICINE (DNA)

DNA testing for medication efficacy related to mental health, cardiovascular, and other diseases.



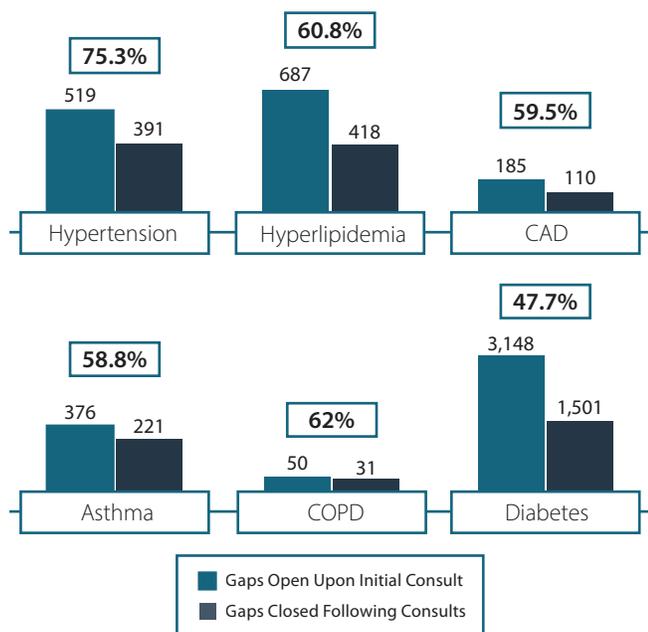
PROVEN RESULTS

CLINICAL

In addition to gathering HEDIS® metrics, our pharmacists also capture other Tria-proprietary Medication Effectiveness Data to ensure we capture both clinical and non-clinical measurements (e.g. lifestyle, barriers to adherence, health literacy). This provides a more comprehensive measurement of effective disease management.

Tria Health assesses each of these HEDIS® and T-MED metrics in order to identify gaps in care, and then works with patients to close open care gaps over time.

Tria Health Closes 50%+ of Gaps in Care Across Disease States



FINANCIAL

A third-party analysis conducted by the Validation Institute has shown that engagement in Tria Health reduces healthcare costs over time for ER visits and in-patient hospital stays. This study analyzed the cost and utilization associated with poor outcomes related to the mismanagement of hypertension, hyperlipidemia, diabetes and heart disease.

- In-Patient Hospital Visit Cost - ↓ 59%
- Emergency Room Cost – ↓ 41%

Tria Health provides a comprehensive report detailing the financial and clinical outcomes which is provided on an annual basis. Financial outcomes include: Rx Savings, health care avoidance savings determined from resolved medication-related problems, and compliance savings transitioning a member from non-compliance to compliance.

\$2,142

Average savings per engaged member per year.⁴

3:1

Overall average ROI with 1.2:1 achieved solely from Rx Savings.⁴

4. 2021 Tria Health Book of Business

100% FINANCIAL GUARANTEE

In the first year of service, Tria Health offers a 1:1 financial guarantee. At the end of the first contract year, Tria Health will provide its financial report. Should Tria Health fail to provide savings equal to the client's investment, Tria Health will repay the difference between the verified savings and the investment. Guarantees are contingent upon an agreed upon incentive, executive/HR support from the client, and a defined communication/engagement strategy that includes outbound phone calls from Tria Health to the identified members.